

Class or Subclass	Description	Treatment
Class 1	Gynecomastia/Lipomastia without massive weight loss	
a	Fatty tissue without palpable gland without ptosis	Liposuction *
b	Fatty tissue with palpable gland without ptosis	Liposuction + selective glandular excision (Webster) + dissection of inframammary fold *
c	Fibrotic tissue with moderate skin excess	Subcutaneous mastectomy (Webster) or ultrasonic liposuction + dissection of inframammary fold + levelling liposuction *
d	MAC stretchable 4 cm below major pectoral muscle**	Horizontal mastectomy (free areola transfer)
Class 2	Gynecomastia/Lipomastia with massive weight loss	
a	Fatty tissue without palpable gland	Liposuction + periareolar skin excision
b	Fatty tissue with palpable gland	Liposuction + selective glandular excision + primary periareolar skin excision
c	Fibrotic tissue with moderate skin excess	Prim. periareolar and vertical skin excision (key hole pattern) + subcutaneous mastectomy
d	MAC stretchable 4 cm below major pectoral muscle**	Horizontal mastectomy (free areola transfer)

* If required secondary periareolar skin excision after 12 months

** Upper border of mamilla areola complex (MAC) is stretchable 4 cm below lower border of major pectoral muscle